

IMPERIAL RETREAT CULTURAL ACTIVIES

AFTERNOON TEA – CHINESE STYLE 3 TIER HIGH TEA

COLD SELECTION - A SELECTION OF CAKES

HOT SELECTION INCLUDING STEAMED DIM-SIM AND EGG CUSTARD BUN

A SELECTION OF CHINESE SNACKS

CHINESE TEA

DINNER – 8 COURSE CHINESE BANQUET (SAMPLE ONLY)

PEKING DUCK (2 PIECES EACH)

JUMBO PRAWN - SPICY

CHICKEN SKEWER WITH SATAY SAUCE

CHILLI OIL DUMPLING

DOUBLE-COOKED FISH – SPICY OR SIMILAR

MIXED VEGETABLES WITH MUSHROOM

SPECIAL FRIED RICE

DESSERT – CHINESE SESAME BALLS

DINNER – 5 COURSE CHINESE BANQUET

CHICKEN SWEETCORN SOUP

STEAMED WHOLE BARRAMUNDI WITH GINGER AND SPRING ONION

SALT AND PEPPER CHICKEN RIBS

STIR-FRIED VEGETABLES WITH MUSHROOM

STEAMED RICE (BASMATI RICE IF REQUIRED)

CHINESE TEA

CHINESE TEA CEREMONY

TEA CEREMONY IS A CHINESE CULTURE ORIGINATED IN FUJIAN AND GUANGZHOU, INVOLVING THE RITUALIZED PREPARATION AND PRESENTATION OF TEA. IT IS ALSO REFERRED TO AS 'GONGFU CHA', LITERALLY MEANS 'MAKING TEA WITH EFFORT'

CHINESE MASSAGE AND TAICHI LESSONS

CHINESE MASSAGE (ONLY ONE PERSON AT A TIME) IS KNOWN AS TUI NA WHICH IS A TRADITIONAL ORIENTAL TOUCH THERAPY THAT WAS DEVELOPED MORE THAN 2000 YEARS AGO, USING SOFT TISSUE MANIPULATION AND ACUPRESSURE.

NORMAL QUALIFIED MASSEURS ARE AVAILABLE TO DO 2 GUESTS AT ONE TIME.

CHINESE TAICHI

OUR TAICHI MASTER WILL GUIDE YOU THROUGH THE VARIOUS STEPS OF TAICHI AS WELL AS TEACHING YOU HOW TO MAINTAIN GOOD HEALTH THROUGH TAICHI.

GUZHENG AND PIANO ENTERTAINMENT

GUZHENG (CHINESE ZITHER) IS AN ANCIENT CHINESE PLUCKED ZITHER. IT HAS 21 STRINGS AND BRIDGES. THE PICKS (DAI MAO) USED BY PERFORMERS TO PLAY GUZHENG ARE OFTEN MADE OUT OF THE SHELLS OF HAWKSBILL.

THE ANCIENT **STEINWAY 1923 GRAND PIANO PLAYED BY OWNER ANNA** IS USED FOR ENTERTAINMENT AND RELAXATION.